



**Bowls Scotland**

**COVID-19 Getting Back on the  
Green Phase Three:**

**Bowling Activity Guidance for  
Children and Young People**

**Effective from: 22nd July 2020**



## INTRODUCTION

This is a guidance document developed to support clubs during phase 3 and should be considered in conjunction with current Bowls Scotland COVID-19 Getting Back on the Green Phase Three and Scottish Government guidance. In addition, please see **sportscotland's** guidance [Getting Coaches Ready for Sport](#) which can be used by coaches to help them get ready for delivering sport.

People who are symptomatic should self-isolate for 7 days: household members for 14 days as per info on NHS guidance. No one who is self-isolating should attend a bowling club.

### General Guidance

- Children aged 0-11 do not need to maintain physical distancing and there is no limit to the number of households that this age group can meet in one day
- Young people aged 12-17 can only meet up to 15 people from up to four other households at a time, same as adults, but there is no limit to the number of households that they can meet in one day
- For the purpose of bowling activity on the green, under 17s are not required to physically distance. **This is known as a 'sporting bubble'**
- Coaches working with children should familiarise themselves with the additional considerations developed by Children 1st: [Child Wellbeing and Protection Considerations](#)
- It is the responsibility of each club and coach to ensure documented risk assessments are completed prior to any activity taking place. Consider safety first, particularly focusing on minimising the risk of infection/transmission. Appropriate measures must be put in place to ensure participants, staff and volunteers are protected at all times.
- For youth bowling activity, clubs should nominate a designated person responsible for completing documented risk assessments and ensuring all appropriate mitigations are put in place by the bowling club before any youth coaching session can resume. This person should also ensure all coaches, including any volunteers, are aware of and understand their responsibilities under the guidance and any related public health guidance. This will include strict hygiene measures and the ability to contact trace participants.

### Guidance for Clubs:

- Online bookings should be taken if possible, for coaching sessions. If not, alternative measures should be put in place including phone bookings
- Ensure a register is taken for Test & Protect
- Parents/carers should be encouraged to spectate during sessions and must maintain physical distancing. This applies before, during and after the session
- Clubs should provide clear guidance on when youth sessions are available and what is expected for players and parents/carers attending sessions. i.e. physical distancing, good hygiene measures etc.



- First Aid:
  - Clubs should risk assess if First Aid is to be provided and is accessible within the club house (this include updating the first aid equipment for COVID-19 and First Aiders have undertaken appropriate additional training)
  - Access to indoor First Aid facilities by players should be limited (for example a club volunteer/staff where possible should administer First Aid outside)
  - Clubs should ensure they have players emergency contact details and inform them of how First Aid is accessed. <https://www.sja.org.uk/get-advice/first-aid-advice/covid-19-advice-for-first-aiders>

### **Guidance for Players & Parents/Carers**

- Parents/Carers who are accompanying their children must abide by Scottish Government physical distancing, good hygiene and household guidance
- Parents/Carers to talk to their child about returning to coaching sessions to help them understand the measures that have been taken to keep them safe
- Parents/Carers to remind their child it is important they focus on having fun and being back on the green with their friends
- Parents/Carers to encourage their child to wash their hands thoroughly before and after coaching sessions
- Parents/Carers to ensure their child brings their own water bottle and does not share with anyone else
- Parents/Carers to be available to support their child if this is required during a coaching session
- Immediately after the coaching session, parents/carers and children to leave as promptly as possible and not congregate, while following physical distancing guidelines
- It is the parents/carers responsibility to ensure both parent and child adhere to club rules as well as Scottish Government guidance on physical distancing, household rules and good hygiene

### **Guidance for Coached Bowling Sessions**

The following should be read in conjunction with the overarching [Bowls Scotland Getting Back on the Green Phase Three guidance](#)

- All coaches must be PVG checked to deliver coaching sessions
- Coach to Player ratio of 1:8 to be followed, with a maximum of 24 players on the green at any one time
- Coaches to ensure players maintain good hygiene throughout the session
- For the purpose of bowling activity on the green, under 17s are not required to physically distance. This is known as a '**sporting bubble**'
- Coaches must maintain physical distancing (2m)
- Coaches and players to ensure any equipment is cleaned/wiped down before and after coaching sessions
- Players to use separate mats and jacks, however if this is not possible, nominate a player on each rink who is responsible for all contact with the mats and jack during the coaching session



- It is the responsibility of the coach to arrange for coaching equipment to be available prior to the coaching session
- All bowling formats can be played during coaching sessions (i.e. singles, pairs, triples, rinks) in line with maximum numbers allowed on the green in a session
- Internal youth competitions can be played in line with Bowls Scotland Phase Three guidance
- Players should avoid sharing equipment eg. Bowls, measures, cloths etc.

This will be subject to review should the Scottish Government issue further advice and guidance. We would encourage you to read through all the guidance and supporting information thoroughly.

**General FAQ enquiries should be directed to [info@bowlsscotland.com](mailto:info@bowlsscotland.com)**

**Our National Development Officers are here to help:**

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**Please refer to the Bowls Scotland website and social media for further updates.**